

3 DAYS 2 NIGHTS ECO HOST – THE KELABIT HERITAGE

(Bario Highland)

Community Based Program

Day 1 – Arrival at Bario [Lunch/Dinner]

Meet & greet by our local guide at Bario airport. Bario Highland is one famous highland plateau that is located about 3,250 feet above sea level. It is located near to Kalimantan, Indonesia, acts as a border around Kalimantan. The highland is centered by jungle covered mountains around.

Lunch at local homestay. After lunch, visit Bario Asal longhouse and the surrounding area. We return to our lodge for a dinner. Overnight at the lodge.

Day 2 – Prayer Mountain Trekking – Pa'Umor – Batu Narit [Breakfast/Lunch/Dinner]

Early morning light breakfast will be served before we our trek up to the Prayer Mountain. The elevation of the Prayer Mountain is approximately 1,430metres above sea level and the height of the hike from the trails head is about 340metres. Easy trek up remained easy until about 300metres before the summit, where the challenge began. The slope was steep and ropes were provided to help hikers. At the summit was a tall cross at least 15 metres tall. The cross erected in 2015 to replace an old and small wooden cross. Magnificent view awaits you.

Return to the Lodge and rest. Lunch will be served.

After lunch, transfer by 4WD to Pa Umor, another Kelabit Longhouse and stop at Gems Lodge for refreshment. Stop at Batu Narit (StoneCarvings). Locals claim that this is actually a burial ground for a kelabit nobleman named Ritong hundreds years ago. The man made structures or carvings are called Megaliths, which date back thousand of years. The site was excavated in 1962 by British soldier Tom Harrison, one of the most popular megaliths.

Day 3- Departure [Breakfast]

Breakfast before depart to Bario airport for your flight to the next destination. End of service.

Price is only valid for Domestic Market - Low Season period / Ringgit Malaysia (RM) Per Person – Twin/Triple Share Basic

No. of person	2-3	4-6	7-9	9-12
Home Stay	1080	948	852	816

INCLUDE

- * 2 nights stay in Lodge/Homestay
- * Meals as specified
- * Local Tour Guide
- * Land transport as per itinerary
- * Entrance fees and community Fees

EXCLUDE

- * Domestic air ticket Myy – Bario - Myy
- * Juices, Carbonated & Alcoholic beverages
- * Tipping, Optional Excursions, Personal & Travel Insurance
- * Items not mentioned

NOTE

- Overland trips within this tour operates on non-paved roads / trails, so be prepared to get wet and dirty
- Travel light
- Due to this elevation of the highlands, participants are advised to bring along their sweater or windbreaker as the night can get chilly for most months of the year.

Recommended to bring:

Sandals, good grip walking shoes, torchlight, sunscreen, insect repellent, raincoat, own drinking bottle, binoculars, camera or video with spare batteries, personal toiletries and personal medicine

***Prices are subject to change without any further notice**



ECO-COACH&TOURS SDN BHD
Email: ecotourism@eco-tours.com.my
www.ecotours-malaysia.com.my
0195901478